



Boston Age Strong Commission's

# JANUARY 2026 "TO-DO"

Free events, classes & programs for Boston's older adults

Welcome to January's monthly "To-Do," a city-wide sampling of free events & programs for Boston's older adults age 60+.

Sign up to have the To-Do emailed directly to your inbox or view it, *Boston Seniority* magazine, and our Monthly Updates newsletter online at: [boston.gov/departments/age-strong-commission/connect-us](https://boston.gov/departments/age-strong-commission/connect-us)

See page 12 for more programming from City departments & our partners.

AGE+

City of Boston  
Age Strong Commission

Boston City Hall, Room 271  
1 City Hall Square, Boston, MA 02201  
617-635-4366 [agestrong@boston.gov](mailto:agestrong@boston.gov)  
[boston.gov/age-strong](https://boston.gov/age-strong)



@AGESTRONGBOS

## BLACK TEXT

**\*\*Age Strong Virtual Events Link:**  
[bit.ly/ZoomAgeStrongVirtual](https://bit.ly/ZoomAgeStrongVirtual)  
**\*Program in both English/Spanish**

## BLUE TEXT

Jamaica Plain - Roslindale -  
West Roxbury

## GREEN TEXT

Dorchester - Mission Hill -  
Roxbury - South Boston/Seaport

## ORANGE TEXT

Hyde Park - Mattapan

## PINK TEXT

Charlestown - East Boston

## PURPLE TEXT

Allston/Brighton - Fenway -  
Kenmore

## RED TEXT

Chinatown - Downtown - Back Bay  
North End - South End - West End

## THURSDAY, JANUARY 1

## FRIDAY, JANUARY 2

10:30AM-12:30PM

### **ESOL Conversation Group for Ukrainian Speakers - In Person**

BPL Central Library  
700 Boylston Street, Back Bay  
(617) 859-2446

Click [here](#) to register.

*This event repeats weekly.*

11AM-12PM

### **Book Café - In Person**

BPL West Roxbury  
1961 Centre St, West Roxbury  
(617) 325-3147

Click [here](#) to for more information.

2-4PM

### **Friday Matinee: Dial M for Murder (1954) - In Person**

BPL Charlestown  
179 Main St, Charlestown  
(617) 242-1248

Click [here](#) to register.

## SATURDAY, JANUARY 3

9:30-10:30AM

### **Tai Chi & Qigong - In Person**

BPL Adams Street  
690 Adams Street, Dorchester  
(617) 436-6900

Click [here](#) to register.

*This event repeats weekly.*

10-11:30AM

### **Chess Club - In Person**

BPL Roslindale  
4246 Washington St, Roslindale  
(617) 323-2343

Click [here](#) for more information.

*This event repeats weekly.*

2- 4PM

### **Winter Reading Kickoff - In Person**

BPL Central Library  
700 Boylston Street, Back Bay  
(617) 536-5400

Click [here](#) for more information.

3-4:30PM

### **Junk Journaling - In Person**

BPL Egleston Square  
2044 Columbus Ave, Roxbury  
(617) 445-4340

Click [here](#) to register.

*This event repeats bi-weekly.*

## SUNDAY, JANUARY 4

## MONDAY, JANUARY 5

11AM-12PM

### **Gentle Yoga with Marianne Zullas - In Person**

BPL Charlestown  
179 Main St, Charlestown  
(617) 242-1248

Click [here](#) to register.

*This event repeats weekly.*

1:30-3:30PM

### **Board Games Club - In Person**

BPL West End  
151 Cambridge St, West End  
(617) 523-3957

Click [here](#) for more information.

*This event repeats weekly.*

2:30-3:30PM

### **Weekly Chess Club for Adults - In Person**

BPL North End  
25 Parmenter St, North End  
(617) 227-8135

Click [here](#) for more information.

*This event repeats weekly.*

4:30-5:30PM

**Emmanuel Music: Breathe with Bach  
- In Person**

BPL Jamaica Plain

30 South St, Jamaica Plain

(617) 524-2053

Click [here](#) to for more information.

## TUESDAY, JANUARY 6

10:30AM-12PM

**English (ESOL) Conversation Group -  
In Person**

BPL Honan-Allston

300 North Harvard St, Allston

(617) 787-6313

Click [here](#) for more information.

*This event repeats weekly.*

11-12:30PM

**Suits and Smiles - In Person**

Mayor's Office of Returning Citizens

30 Dimock St, 2nd floor, Roxbury

(617) 685-8187

Click [here](#) to register

12-1PM

**Explore BPL Online Resources  
- Hybrid**

BPL Chinatown

2 Boylston Street, Chinatown

(617) 807-8176

Click [here](#) to register.

1-3PM

**January Films: Celebrating Paul  
Henreid - In Person**

BPL South Boston

646 East Broadway, South Boston

(617) 268-0180

Click [here](#) to register.

5:30-7PM

**Office of Housing Stability Virtual  
Legal Clinic - Virtual**

Office of Housing Stability

(617) 635-4200

Click [here](#) to register.

## WEDNESDAY, JANUARY 7

10:30AM-12PM

**Click & Type: Your First Steps  
with Computers - In Person**

BPL Central Library

700 Boylston Street, Back Bay

(617) 859-2323

Click [here](#) to register.

3-5PM

**Tech Help by Appointment - In  
Person**

BPL Charlestown

179 Main St, Charlestown

(617) 242-1248 ext. 1056

Click [here](#) to register.

*This event repeats weekly.*

4:30-5:30PM

**Craft and Chat - In Person**

BPL Parker Hill

1497 Tremont St, Roxbury

(617) 427-3820

Click [here](#) for more information.

## THURSDAY, JANUARY 8

10:30AM-12PM

**Memory Cafe - In Person**

BPL West Roxbury

1961 Centre St, West Roxbury

(617) 325-3147

Click [here](#) for more information.



6:30-7:45PM

**Shut Up & Write! - In Person**

BPL Brighton

40 Academy Hill Rd, Brighton

(617) 782-6032

Click [here](#) for more information.

*This event repeats weekly.*

6-7:30PM

**An In-Person Living Room**

**Conversation: Belonging - In Person**

BPL Central Library

700 Boylston Street, Back Bay

(617) 536-5400

Click [here](#) to register.

6:30-7:30PM

**Scrabble Club - In Person**

BPL Roslindale

4246 Washington St, Roslindale

(617) 323-2343

Click [here](#) for more information.

## FRIDAY, JANUARY 9

10-11AM

**Chair Yoga Class - In Person**

BPL North End

25 Parmenter St, North End

(617) 227-8135

Click [here](#) for more information.

*This event repeats weekly.*

10:30AM-12:30PM

**ESOL Conversation Group for  
Ukrainian Speakers - In Person**

BPL Central Library

700 Boylston Street, Back Bay

(617) 859-2446

Click [here](#) to register.

*This event repeats weekly.*

1-2:30PM

**Piece by Piece Puzzlers - In Person**

BPL Lower Mills

27 Richmond St, Dorchester

(617) 298-7841

Click [here](#) for more information.

*This event repeats biweekly.*

## SATURDAY, JANUARY 10

10:30AM-12:30PM

**January Winter Bike Ride - In Person**

Boston Bikes

Roxbury and Jamaica Plain

617-635-4680

Click [here](#) to register.

11AM-12:30PM

**Listening Courageously—A Virtual  
Living Room Conversation - Online**

BPL Faneuil

419 Faneuil St, Brighton

(617) 859-2367

Click [here](#) to register.

12-4:30PM

**Yáa at Wooné and Unfiltered: The  
Truth About Oysters: Double  
Feature Screening and Films  
Discussion - In Person**

BPL Shaw-Roxbury

149 Dudley Street, Roxbury

(617) 442-6186 ext. 2443

Click [here](#) to register.

3-4:30PM

**Climate Change: Heading for  
Extinction (And What to Do About It)  
- In Person**

BPL Jamaica Plain

30 South Street, Jamaica Plain

(617) 524-2053

Click [here](#) for more information.



## SUNDAY, JANUARY 11

## MONDAY, JANUARY 12

3-5:30PM

### **Puzzle Palooza - In Person**

BPL Parker Hill  
1497 Tremont St, Roxbury  
(617) 427-3820  
Click [here](#) for more information.

4-5:30PM

### **Unraveling the News: Knitting and Crochet Conversation Circle - In Person**

BPL Central Library  
700 Boylston Street, Back Bay  
(617) 859-2000 ext. 4270  
Click [here](#) to register.

6-7:30PM

### **Intro to Grants and Grant Writing (with Donna Lubrano) - In Person**

BPL Central Library  
700 Boylston Street, Back Bay  
(617) 536-5400  
Click [here](#) to register.

6:30-7:30PM

### **The Synagogues of Dorchester and Mattapan - In Person**

BPL Codman Square  
690 Washington St, Dorchester  
(617) 413-8665  
Click [here](#) for more information.

## TUESDAY, JANUARY 13

2-3PM

### **Adult Craft Time: Winter Cardinal Painting - In Person**

BPL North End  
25 Parmenter St, North End  
(617) 227-8135  
Click [here](#) for more information.

2:30-4PM

### **Workers' Rights Office Hours - In Person**

Roslindale Community Center  
6 Cummins Highway, Roslindale  
workers@boston.gov  
Click [here](#) to register.  
This event repeats weekly.

5:30-7PM

### **Office of Housing Stability Virtual Legal Clinic - Virtual**

Office of Housing Stability (OHS)  
(617) 635-4200  
Click [here](#) to register.

6-7:30PM

### **When and Where in Brighton – Digital Community History Workshop - In Person**

BPL Faneuil  
419 Faneuil St, Brighton  
(617) 782-6705  
Click [here](#) for more information.

## WEDNESDAY, JANUARY 14

10AM-12PM

### **Age Strong Memory Cafe - In Person**

BPL Codman Square  
690 Washington St, Dorchester  
(617) 635-3745  
Click [here](#) for more information.

6-7:30PM

### **Sip 'n' Stitch - In Person**

BPL Honan-Allston  
300 North Harvard St, Allston  
(617) 787-6313  
Click [here](#) for more information.

## THURSDAY, JANUARY 15

4-6PM

**Pure Imagination! Reconnect with Your Superpower with Dr. Sheila Pontis - In Person**

BPL Roslindale

4246 Washington St, Roslindale

(617) 323-2343

Click [here](#) to for more information.

4:30-7:30PM

**Fly Tying Workshop: MassWildlife Angler Education Program) - In Person**

BPL Hyde Park

35 Harvard Ave, Hyde Park

(617)-361-2524

Click [here](#) to register.

6-7:30PM

**Visualizing Allan Rohan Crite's Boston: Mapmaking through Art and Bibliography - Virtual**

(617) 859-2387

Click [here](#) to register.

6-7:45PM

**When and Where in Charlestown: Digital Community History Workshop - In Person**

BPL Charlestown

179 Main St, Charlestown

(617) 242-1248

Click [here](#) for more information.

## FRIDAY, JANUARY 16

10-11AM

**Chair Yoga at the West End Library - In Person**

BPL West End

151 Cambridge St, West End

(617) 523-3957

Click [here](#) to register.

This event repeats bi-weekly.

10-11AM

**Chair Yoga Class - In Person**

BPL North End

25 Parmenter St, North End

(617) 227-8135

Click [here](#) for more information.

This event repeats weekly.

12-12:30PM

**Financial Literacy Fridays: Learn about BPL's financial resources! - Virtual**

[kblic@bpl.org](mailto:kblic@bpl.org)

Click [here](#) to register.

## SATURDAY, JANUARY 17

9:30-10:30AM

**Tai Chi & Qigong - In Person**

BPL Adams Street

690 Adams Street, Dorchester

(617) 436-6900

Click [here](#) to register.

This event repeats weekly.

10-11:30AM

**Chess Club (All Ages) - In Person**

BPL Roslindale

4246 Washington St, Roslindale

(617) 323-2343

Click [here](#) to for more information.

This event repeats weekly.

10-11:15AM

**Community Yoga Series - In Person**

BPL Hyde Park

35 Harvard Ave, Hyde Park

617-3610-2524

Click [here](#) to register.

this event repeats weekly.

11AM -12:30PM

**Crochet Club - In Person**

BPL Lower Mills

27 Richmond St, Dorchester

(617) 298-7841

Click [here](#) for more information.

*This event repeats bi-weekly.*

**SUNDAY, JANUARY 18**

**MONDAY, JANUARY 19**

**Martin Luther King, Jr. Day**

City offices, Boston Public

Libraries, and BCYF Community

Centers are closed.

**TUESDAY, JANUARY 20**

10AM-6PM

**Resume Refresh (by Appointment)  
- In Person**

BPL Parker Hill

1497 Tremont St, Roxbury

(617) 427-3820

Click [here](#) to register.

11AM-12PM

**ESOL Conversation Group - In  
Person**

BPL Chinatown

2 Boylston Street, Chinatown

(617) 807-8176

Click [here](#) to register.

*This event repeats weekly*

11AM-1PM

**Yarn & Needlework Drop-in Circle -  
In Person**

BPL Roslindale

4246 Washington St, Roslindale

(617) 323-2343

Click [here](#) to for more information.

1-2:45PM

**January Films: Celebrating Paul  
Henreid - In Person**

BPL South Boston

646 East Broadway, South Boston

(617) 268-0180

Click [here](#) for more information.

5:30-7PM

**Office of Housing Stability Virtual  
Legal Clinic - Virtual**

Office of Housing Stability

(617) 635-4200

Click [here](#) to register.

**WEDNESDAY, JANUARY 21**

10:30AM-12PM

**Writing Group - In Person**

BPL Faneuil

419 Faneuil St, Brighton

(617) 782-6705

Click [here](#) for more information.

12-3PM

**Free Immigration Consultations  
- By phone appointment only**

Office of Immigrant Advancement

617-635-2980

Click [here](#) to register.

*This event repeats bi-weekly.*

2-3:30PM

**Genealogy Club - In Person**

BPL Roslindale

4246 Washington St, Roslindale

(617) 323-2343

Click [here](#) to register.

3-4PM

**Bring Your Own Book (BYOB) Club  
- In Person**

BPL Codman Square

690 Washington St, Dorchester

(617) 436-8214

Click [here](#) to register.



## THURSDAY, JANUARY 22

10:30AM-12:30PM

### **Senior Quilting Group - In Person**

BPL Codman Square  
690 Washington St, Dorchester  
(617) 436-8214

Click [here](#) for more information.

*This event repeats weekly.*

10:30-11:30AM

### **Movement Class for Elders - In Person**

BPL Chinatown  
2 Boylston Street, Chinatown  
(617) 807-8176

Click [here](#) for more information.

5:30- 7:30PM

### **When and Where in Boston: Mission Hill - In Person**

BPL Parker Hill  
1497 Tremont St, Roxbury  
(617) 427-3820

Click [here](#) to register.

## FRIDAY, JANUARY 23

9AM-5PM

### **Hygge Kit Pick-Up - In Person**

BPL Brighton  
40 Academy Hill Rd, Brighton  
(617) 782-6032

Click [here](#) for more information.

10-11AM

### **Chair Yoga Class - In Person**

BPL North End  
25 Parmenter St, North End  
(617) 227-8135

Click [here](#) for more information.

*This event repeats weekly.*

10:30AM-12:30PM

### **ESOL Conversation Group for Ukrainian Speakers - In Person**

BPL Central Library  
700 Boylston Street, Back Bay  
(617) 859-2446

Click [here](#) to register.

*This event repeats weekly.*

1-2:30PM

### **Piece by Piece Puzzlers - In Person**

BPL Lower Mills  
27 Richmond St, Dorchester  
(617) 298-7841

Click [here](#) for more information.

*This event repeats bi-weekly.*

## SATURDAY, JANUARY 24

9:30-10:30AM

### **Tai Chi & Qigong - In Person**

BPL Adams Street  
690 Adams Street, Dorchester  
(617) 436-6900

Click [here](#) to register.

*This event repeats weekly.*

10AM-4PM

### **Love Your Wicked Awesome Neighbor Card Making- In Person**

BPL North End  
25 Parmenter St, North End  
(617) 227-8135

Click [here](#) for more information.

11AM-12:15PM

### **Tell Us a Story! - In Person**

BPL Faneuil  
419 Faneuil St, Brighton  
(617) 782-6705

Click [here](#) for more information.

11:30AM-1:30PM

**Tech Savvy Adults! - In Person**

BPL Mattapan

1350 Blue Hill Ave, Mattapan

(617) 298-9218 ext. 1505

Click [here](#) to register.

## SUNDAY, JANUARY 25

## MONDAY, JANUARY 26

10AM-12PM

**Age Strong Memory Cafe - In Person**

BPL Jamaica Plain

30 South Street, Jamaica Plain

(617) 635-3745

Click [here](#) for more information.

11AM-12PM

**Gentle Yoga with Marianne Zullas  
- In Person**

BPL Charlestown

179 Main St, Charlestown

(617) 242-1248

Click [here](#) to register.

*This event repeats weekly.*

4:30-5:30PM

**Hygge at Parker Hill - In Person**

BPL Parker Hill

1497 Tremont St, Mission Hill

(617) 427-3820

Click [here](#) for more information

4:30-6:30PM

**Sounds for Southie - In Person**

BPL South Boston

646 East Broadway, South Boston

(617) 268-0180

Click [here](#) to register.

## TUESDAY, JANUARY 27

10:30AM-12PM

**English (ESOL) Conversation Group -  
In Person**

BPL Honan-Allston

300 North Harvard St, Allston

(617) 787-6313

Click [here](#) for more information.

*This event repeats weekly.*

10:30AM-12:30PM

**Senior Quilting Group - In Person**

BPL Codman Square

690 Washington St, Dorchester

(617) 436-8214

Click [here](#) for more information.

*This event repeats weekly.*

4:30-5:30PM

**Drop-in Zine Making - In Person**

BPL Parker Hill

1497 Tremont St, Roxbury

(617) 427-3820

Click [here](#) for more information.

5:30-7PM

**Office of Housing Stability Virtual  
Legal Clinic - Virtual**

Office of Housing Stability (OHS)

(617) 635-4200

Click [here](#) to register.

## WEDNESDAY, JANUARY 28

3-5PM

**Tech Help by Appointment - In  
Person**

BPL Charlestown

179 Main St, Charlestown

(617) 242-1248 ext. 1056

Click [here](#) to register.

*This event repeats weekly.*

## THURSDAY, JANUARY 29

10:30AM-12PM

### **Tech Help (By Appointment) - In Person**

BPL Egleston Square  
2044 Columbus Ave, Roxbury  
(617) 445-4340  
Click [here](#) to register.

12-1:30PM

### **Community Hub Colors & Connection - In Person**

BPL Central Library  
700 Boylston Street, Back Bay  
(617) 859-2000 ext. 4270  
Click [here](#) to register.

12-2PM

### **Tea Time - In Person**

BPL Codman Square  
690 Washington St, Dorchester  
(617) 436-8214  
Click [here](#) for more information.

6:30-7:30PM

### **Winter Reading Read-In - In Person**

BPL Brighton  
40 Academy Hill Rd, Brighton  
(617) 782-6032  
Click [here](#) for more information.

## FRIDAY, JANUARY 30

10:30AM-12:30PM

### **ESOL Conversation Group for Ukrainian Speakers - In Person**

BPL Central Library  
700 Boylston Street, Back Bay  
(617) 859-2446  
Click [here](#) to register.  
This event repeats weekly.

1-2:30PM

### **Grupo de Lectura - In Person\***

BPL Connolly  
433 Centre St, Jamaica Plain  
(617) 522-1960  
Click [here](#) for more information.

## SATURDAY, JANUARY 31

11AM-12PM

### **Drop-In Knitting - In Person**

BPL Faneuil  
419 Faneuil St, Brighton  
(617) 782-6705  
Click [here](#) for more information.  
This event repeats weekly.

11AM -12:30PM

### **Crochet Club - In Person**

BPL Lower Mills  
27 Richmond St, Dorchester  
(617) 298-7841  
Click [here](#) for more information.  
This event repeats bi-weekly.

12-1PM

### **Spanish Conversation for English Language Speakers - In Person**

BPL Roslindale  
4246 Washington St, Roslindale  
(617) 323-2343  
Click [here](#) to register.  
This event repeats weekly.

3-4:30PM

### **Junk Journaling - In Person**

BPL Egleston Square  
2044 Columbus Ave, Roxbury  
(617) 445-4340  
Click [here](#) to register.  
This event repeats biweekly.



# AGE STRONG SEEKS NEW VOLUNTEERS!

*The AgeStrongCommission offers four different volunteer programs to help older residents live their best lives, while aging in place.*

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## AMERICORPS SENIORS RSVP

We match volunteers age 55+ with partner sites, including senior centers & food pantries, or train you to help residents learn English as a second language, prepare tax returns or facilitate opioid & scam prevention workshops.



## BOSTON CITY HALL GREETERS

City Hall Greeters provide friendly assistance to residents visiting City Hall. Each volunteer has access to an iPad equipped with maps and other information to assist visitors.



## PROPERTY TAX WORK-OFF PROGRAM

Boston homeowners age 60+ may "work off" up to \$2,000 from their property taxes by volunteering their skills & knowledge to one of the City's offices, community centers, or public schools.



## AMERICORPS SENIOR COMPANION PROGRAM

Senior Companion volunteers age 55+ help older adults with everyday tasks like getting to appointments & shopping, as well as providing respite care to care partners. Some volunteers may qualify for a tax-free stipend.



## FOR MORE INFORMATION

**CALL 617-635-4366 OR VISIT [BOSTON.GOV/AGE-STRONG](https://boston.gov/age-strong)**

AGE+

City of Boston  
Age Strong Commission  
Mayor Michelle Wu



AmeriCorps  
Seniors

# Please visit other City departments & our partners for additional activities:

<a href="http://bostonabcd.org/events"><u>bostonabcd.org/events</u></a>	617-348-6239
<a href="http://ebsocialcenters.org/active-adults"><u>ebsocialcenters.org/active-adults</u></a>	617-569-3221
<a href="http://ethocare.org/healthy-aging-classes"><u>ethocare.org/healthy-aging-classes</u></a>	617-477-6616
<a href="http://ethocare.org/services/"><u>ethocare.org/services/</u></a>	617-477-6616
<a href="http://fw4elders.org/what-we-do"><u>fw4elders.org/what-we-do</u></a>	617-482-1510
<a href="http://gbcgac.org/#services-and-programs"><u>gbcgac.org/#services-and-programs</u></a>	617-357-0226
<a href="http://hearth-home.org/events"><u>hearth-home.org/events</u></a>	617-369-1550
<a href="http://ibaboston.org/events"><u>ibaboston.org/events</u></a>	617-927-1707
<a href="http://kennedycenter.org/event-calendar"><u>kennedycenter.org/event-calendar</u></a>	617-241-8866
<a href="http://laalianza.org/contact-us"><u>laalianza.org/contact-us</u></a>	617-427-7175
<a href="http://mabvi.org/services/assistive-technology"><u>mabvi.org/services/assistive-technology</u></a>	888-613-2777
<a href="http://operationpeaceboston.org/eventsnews"><u>operationpeaceboston.org/eventsnews</u></a>	617-267-1054
<a href="http://sbnh.org/senior-services"><u>sbnh.org/senior-services</u></a>	617-268-1619
<a href="http://vietaid.org"><u>vietaid.org</u></a>	617-822-3717
<a href="http://ymcaboston.org/events"><u>ymcaboston.org/events</u></a>	617-927-8060
<a href="http://bpl.org/events"><u>bpl.org/events</u></a>	617-536-5400
<a href="http://boston.gov/events"><u>boston.gov/events</u></a>	3-1-1

**AGE+**



City of Boston  
Age Strong Commission